

Annual Report

APRIL 19 - MARCH 20



**NEATH PORT TALBOT
CARERS SERVICE**
CARERS AT THE HEART

01639 642277
information@nptcarers.org.uk



Foreword

NPT Carers Service is pleased to present this annual report for 2019/2020, marking the 11th year as an independent charitable company. The service continues to grow and develop new and innovative ways of working to provide support to carers with partner organisations.

The Carers Service has carers at the heart of everything it does, it is important to listen and act on what is needed to meet the needs of carers. Whilst we thank our funders for helping us to provide the services for carers, we also recognise the resource pressures on our statutory partners and the difficulties in providing us with the support required. We have also continued to forge a good working relationship with the West Glamorgan Regional Partnership Board to ensure all opportunities are discussed providing the best outcome for our carers locally.

There are 2800 carers identified on the NPT Carers Service database, but it is estimated there are at least 7 times more carers in the NPT locality. This highlights that there is much more we need to do to support these hard to reach carers, but that will inevitably require more resources to expand to ensure we can provide that support.

The sitting service is now in its 5th year and there are 16 volunteer sitters. They provide opportunities for carers to take breaks from their caring role to attend health appointments, see other family and friends and to have a life outside their caring commitments. This is held up as an exemplar service and very much required for our carers.

Alison Stokes the manager finished during the year moving into a new role and we thank her for her endeavours and commitment to the NPT Carers Service. She was replaced by Mariann Pedersen in December 2019. Early 2020 saw the emergence of the coronavirus pandemic which dramatically changed the delivery of services available to carers with social distancing and staff working remotely.

I would like to thank on behalf of the Board of Trustees, our staff and volunteers for their dedication, resourcefulness and commitment to maintaining such high standards of support for carers. It is exemplary and the reason why NPT Carers Service is held in such high esteem.

Finally, I would like to thank and recognise the many carers in our communities for the compassionate way in which they provide care in its many forms for those they care for. Without that care the statutory services in NPT would not be able to cope or function. You are inspirational and continuously motivate us in the Carers Service to provide the best possible support for you that we can.

**Dr. Edward M Roberts OStJ DL FRCGP
Chair, Board of Trustees**



Engagement

Feeling isolated and lonely are issues that many carers experience. Carers have accessed a range of breaks that include, days out, coffee mornings, health & well being days, and information sessions.

38 activities and events were organised to bring carers together for mutual support. Including **12 Coach Trips, 10 MIND Sessions, 4 Cooking Sessions, 14 Singing Sessions** and **3 Coffee Mornings**.

The West Glamorgan (previously Western Bay) Carers Partnership Board has become a vital partnership, not only to access additional sources of funding but to share good practice. We have been able to learn from developments and improve services across the region.

Achievements

10 YEAR ANNIVERSARY CELEBRATION | **58** ATTENDEES

11TH year of being an independent charitable company

101 NEW FACEBOOK FOLLOWERS



www.nptcarers.co.uk
information@nptcarers.org.uk

60 CARERS ATTENDED
OUR 2020 XMAS PARTY

Outreach Services, Information Stands & Raising Awareness Sessions were available in the following Community Venues, Community Groups and Events throughout the year.

Sitting Service

The sitting service has enabled carers have a break from caring and has supported carers in accessing their own health needs.

By providing company for the person being cared for, carers are able to tend to their own needs or activities. As part of the package of support for Carers we have included a High Level sitting service. We have developed partnerships within the private sector to meet the needs of those not eligible for the volunteer sitting service.

1,957

Hours of sits to 82 carers on 867 occasions.volunteer sitting service.

1,015 HOURS

OF SITS

82 carers on 867 occasions

942

VOLUNTEER HOURS

were provided to NPT Carers Service through 16 individual volunteers...



Statistics

A numbers breakdown; including an overview of counselling hours, carer admissions and more.

555 **CARERS** WERE
SUPPORTED VIA
OUTREACH EVENTS

94 SESSIONS OF
GROUP THERAPY
SESSIONS VIA
NPT MIND

72 **CARERS**
HAVE HAD
ACCESS TO
COUNSELLING

329 **HOURS WORTH OF 1:1**
COUNSELLING SESSIONS

2,800

UNPAID CARERS are currently sitting on our database

10,000

Carer Couriers **DISTRIBUTED**

3,350

UNIQUE Carer contacts

405 **NEW**
CARERS
IDENTIFIED

102 **HOME**
VISITS
AND OFFICE
APPOINTMENTS

The Winter Wellbeing Project

NPT Collaborated with SCC, Age Cymru, YMCA, Swansea University Healthboard and the West Glamorgan Partnership Board

The Winter Wellbeing was a collaborative project between five local third sector organisations which strived to engage carers in a series of brand new activities and services. NPT Carers worked in conjunction with the marketing department at YMCA to bring forward a robust promotional campaign.



Looking to The Future

1 Continue to work collaboratively with the Local Authority and the Swansea Bay University Health Board to sustain and develop services.

2 Continue to work with carers and our partners in identifying gaps in service provision and working towards to solutions.

3 Continue to engage with carers on the future developments of the service.

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
NEATH PORT TALBOT CARERS SERVICE LTD**

Independent examiner's report to the trustees of Neath Port Talbot Carers Service Ltd ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2020.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

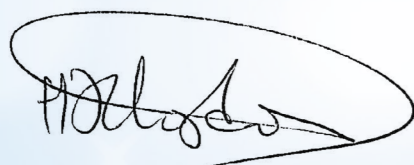
Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of Institute of Chartered Accountants in England and Wales which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Henry Lloyd Davies
Institute of Chartered Accountants in England and Wales
Bevan Buckland LLP
Chartered Accountants
Langdon House
Langdon Road
SA1 Swansea Waterfront
Swansea
SA1 8QY

Date: 17/12/2020

NEATH PORT TALBOT CARERS SERVICE LTD

**STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2020**

	Notes	Unrestricted funds £	Restricted funds £	2020 Total funds £	2019 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	200	-	200	250
Charitable activities	3				
Carers Service		-	299,436	299,436	258,860
Total		200	299,436	299,636	259,110
EXPENDITURE ON					
Charitable activities	4				
Carers Service		851	332,280	333,131	265,872
NET INCOME/(EXPENDITURE)		(651)	(32,844)	(33,495)	(6,762)
Transfers between funds	11	11,532	(11,532)	-	-
Net movement in funds		10,881	(44,376)	(33,495)	(6,762)
RECONCILIATION OF FUNDS					
Total funds brought forward		82,033	49,936	131,969	138,731
TOTAL FUNDS CARRIED FORWARD		92,914	5,560	98,474	131,969

NEATH PORT TALBOT CARERS SERVICE LTD

BALANCE SHEET 31 MARCH 2020

	Notes	Unrestricted funds £	Restricted funds £	2020 Total funds £	2019 Total funds £
CURRENT ASSETS					
Debtors	9	-	14,598	14,598	-
Cash at bank		93,170	8,664	101,834	138,660
		<u>93,170</u>	<u>23,262</u>	<u>116,432</u>	<u>138,660</u>
CREDITORS					
Amounts falling due within one year	10	(256)	(17,702)	(17,958)	(6,691)
		<u>92,914</u>	<u>5,560</u>	<u>98,474</u>	<u>131,969</u>
NET CURRENT ASSETS					
		<u>92,914</u>	<u>5,560</u>	<u>98,474</u>	<u>131,969</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>92,914</u>	<u>5,560</u>	<u>98,474</u>	<u>131,969</u>
NET ASSETS					
		<u>92,914</u>	<u>5,560</u>	<u>98,474</u>	<u>131,969</u>
FUNDS	11				
Unrestricted funds				92,914	82,033
Restricted funds				5,560	49,936
TOTAL FUNDS				<u>98,474</u>	<u>131,969</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2020.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2020 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 17.12.20 and were signed on its behalf by:


Dr E M Roberts - Trustee

Dear Carers

To unpaid carers, our staff and our trustees

In spite of all the troubles we have contended with for the last few months, our staff wanted to say a **huge thank you** to carers all across **Neath Port Talbot** for their perseverance, kindness and unwavering spirit in what might be one of the most challenging episodes of our lives thus far.

You are all essential - **thank you!**



Board of Trustees

April 2019-March 2020

Dr E M Roberts
Mrs L C Miles
Mr Clive Owen
Mrs J D Burrells
Donna Smith
Lucy Grundy
Margaret Lake
Dawn Burford Swansea Bay
University Health Board
(Co-opted Member)
Andrew Potts NPT CBC
(Co-opted Member)

Staff

April 2019 – March 2020

Mariann Pedersen
Ceri Stilwell
Paula Sillitoe
Jan Thomas
Carly Hastings
Carole Jones
Sharon Thomas
Cheryl Torrington
Judith Kinsey
Samuel Bennett
Claire John

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